



TKIYET UM ALI
FOOD FOR LIFE

Food Parcels Items List

Category A

Number	Type	Quantity
1	Rice (15kg)	1
2	Sugar (8kg)	1
3	Canned Tuna (170 g)	10
4	Canned Hummus (380 g)	7
5	Canned Broad Beans (400 g)	4
6	Canned Tomato Paste (400 g)	6
7	Tea Biscuit(500 g)	2
8	Luncheon Meat (800 g)	3
9	Fruit Jam (400 g)	4
10	Halva (450 g)	1
11	Vegetable Oil (1.8 Litre)	2
12	Powdered Milk (800 g)	2
13	Spaghetti (300 g)	6
14	Chicken Bouillon Cubes	3
15	Whole Lentils(1 kg)	3
16	Crushed Lentils (1 kg)	2
17	Freekah(1 kg)	2
18	Bulgur(1 kg)	2
19	Salt (750 g)	1



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Food Parcels Items List

Category B

Number	Type	Quantity
1	Rice (15kg)	1
2	Sugar (5kg)	1
3	Canned Tuna (170 g)	7
4	Canned Hummus (380 g)	4
5	Canned Broad Beans (400 g)	3
6	Canned Tomato Paste (400 g)	4
7	Tea Biscuit(500 g)	2
8	Luncheon Meat (800 g)	2
9	Fruit Jam (400 g)	3
10	Halva (450 g)	1
11	Vegetable Oil (1.8 Litre)	1
12	Powdered Milk (800 g)	2
13	Spaghetti (300 g)	4
14	Chicken Bouillon Cubes	2
15	Whole Lentils(1 kg)	2
16	Crushed Lentils (1 kg)	1
17	Freekah(1 kg)	2
18	Bulgur(1 kg)	1
19	Salt (750 g)	1



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Food Parcels Items List Category C

Number	Type	Quantity
1	Rice (10kg)	1
2	Sugar (2kg)	1
3	Sugar (1kg)	1
4	Canned Tuna (170 g)	3
5	Canned Hummus (380 g)	2
6	Canned Broad Beans (400 g)	2
7	Canned Tomato Paste (400 g)	3
8	Tea Biscuit(500 g)	1
9	Luncheon Meat (800 g)	1
10	Fruit Jam (400 g)	1
11	Halva (450 g)	1
12	Vegetable Oil (1.8 Litre)	1
13	Powdered Milk (800 g)	1
14	Spaghetti (300 g)	3
15	Chicken Bouillon Cubes	1
16	Whole Lentils(1 kg)	1
17	Crushed Lentils (1 kg)	1
18	Freekah(1 kg)	1
19	Bulgur(1 kg)	1
20	Salt (750 g)	1



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Food Parcels Items List Category D

Number	Type	Quantity
1	Rice (3 kg)	1
2	Sugar (1 kg)	1
3	Canned Tuna (170 g)	2
4	Canned Hummus (380 g)	1
5	Canned Broad Beans (400 g)	1
6	Canned Tomato Paste (400 g)	1
7	Tea Biscuit (500 g)	1
8	Luncheon Meat (800 g)	1
9	Fruit Jam (400 g)	1
10	Halva (450 g)	1
11	Vegetable Oil (1 Litre)	1
12	Powdered Milk (800 g)	1
13	Spaghetti (300 g)	2
14	Chicken Bouillon Cubes	1
15	Whole Lentils (500 g)	1
16	Crushed Lentils (1 kg)	1
17	Freekah (1 kg)	1
18	Bulgur(1 kg)	1
19	Salt (750 g)	1